

Curriculum Vitae of BIBI JAWAIRIA

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PERSONAL PROFILE

Motivated and detail-oriented recent graduate with a Bachelor of Science (Honours) in Applied Sciences (Health Studies) from The Hong Kong Polytechnic University (SPEED). I am seeking a Research Assistant in the Division of Community Medicine and Public Health Practice, where I can contribute to impactful research initiatives. With over 4 years of experience in educational support and 2 years of research methodologies, I am skilled in data collection, analysis, and project management, eager to apply my bilingual proficiency in English and Cantonese to impactful research projects while further developing skills and understanding in preparation for advanced studies in the field.

EDUCATION & QUALIFICATIONS

The Hong Kong Polytechnic University - SPEED
BSc (Hons) in Applied Science (Health Studies)

Sep 2023 – Aug 2025

- Student Ambassador

HKU SPACE Community College

Sep 2020 – June 2022

Associate **Degree** in Business Administration

Bethel High School

Sep 2014 – Aug 2020

F.1-F.6 (Hong Kong Diploma of Secondary Education)

- **Pass** in **all** Subjects including English, Liberal studies, Mathematics, Biology, Chemistry, and Urdu

2018

- General Certificate of Education (**GCE-AS Level**): Achieved **Grade A** in Chinese Language
- General Certificate of Secondary Education (**GCSE**): Achieved **Grade A*** in Chinese Language

RESEARCH EXPERIENCE & PROJECTS

Contemporary Complementary and Alternative Medicine

- **Title:** The Role of Traditional Chinese Medicine in Managing **Osteoarthritis**
- **Objective:** Investigated the effectiveness of Traditional Chinese Medicine (TCM) modalities in alleviating **symptoms** of osteoarthritis (OA).
- **Methodology:** Conducted a systematic review of existing literature to assess TCM's impact on pain relief and joint function.
- **Results:** Identified significant improvements in patient outcomes, supporting the integration of TCM into conventional treatment protocols.

Operations Management in Healthcare

- **Title:** The Impact of Triage Efficiency on Patient Outcomes in Emergency Departments
- **Objective:** Evaluated triage processes in public hospitals in Hong Kong regarding their efficiency and patient outcomes.
- **Methodology:** Analysed data from emergency departments to identify factors affecting patient wait times and treatment effectiveness.
- **Results:** Developed recommendations for improving triage systems to enhance patient care and reduce overcrowding.

End of Life Care

- **Title:** Critically analysing the current issues and practice in Hong Kong on a legal, ethical and professional issue in 'End of Life Care'
- **Objective:** Analysed the legal, ethical, and professional challenges in end-of-life care in Hong Kong.
- **Methodology:** Reviewed current legislation and ethical guidelines, and conducted qualitative interviews with healthcare professionals to gather insights.
- **Results:** Proposed policy recommendations to enhance palliative care services and improve patient-family communication.

WORK EXPERIENCE

Community Health Initiatives

- Engaged in outreach programs that promote public health awareness, providing support in workshops and activities aimed at improving community health.

Part – Time Chinese Teacher The NAAC TOUCH Centre Tung Chung May 2025 – August 2025

- Taught Chinese (Cantonese) as a second Language
- Developed customized lesson plans to enhance language acquisition
- Fostered a supportive and engaging classroom environment

Student Volunteer Tutor Lions Club International Ho Tak Sum Primary School Oct 2023 - May 2025

- Community Involvement, engaged in outreach initiatives, promoting a positive learning environment.
- Personalised Tutoring, delivered tailored support in core subjects.

Part-Time English Teacher The GOAT Classroom Yau Tsim Mok Sep 2023 – Aug 2024

- Taught **phonics** to primary and kindergarten students.
- Taught **English grammar** to secondary and primary students, providing **explanation in Cantonese**.
- Provided **administrative tasks**, record keeping and data entry.

Part-Time Tutor Yuen Long Town Hall Sep 2020 – June 2023

- Encouraged students to learn by boosting their self-confidence.
- Managing a large class of different grades students at once, and keeping records of daily tasks

SKILLS

Research Skills:

- Proficient in conducting systematic literature reviews and synthesizing findings.
- Strong abilities in data collection and analysis, including experience with statistical software (SPSS).

Technical Skills:

- Proficient in Microsoft Office Suite (Word, Excel, PowerPoint, Teams, Outlook), AI research platforms.

Organizational Skills:

- Strong time management and organizational abilities, capable of managing multiple projects simultaneously.

Communication:

- Strong interpersonal skills and effective communicator, facilitating collaboration in diverse teams.

Language Proficiency:

- Bilingual in **English** and **Cantonese**; proficient in Mandarin.

HOBBIES & INTERESTS

Community Involvement:

- Active member of local health initiatives, participating in outreach programs that promote public health awareness and education.
- Volunteer at community centres, providing support in health-related workshops and activities.

Continuous Learning:

- Passionate about staying updated on public health trends and advancements through online courses and webinars.

Health and Wellness

- Enjoy participating in sports and fitness activities.

ACHIEVEMENTS

- Yuen Long District's **Outstanding Volunteer Award**
- Hong Kong Schools Music and Speech Association:** "Merit" Certificate in English and Chinese Speech Competition.